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Palyul Dharma Centre Europe

Tibetan Buddhist Centre

Patron: His Holiness Penor Rinpoche

Founder: Khen Rinpoche Pema Choephel

“Liberation in the Palm of your Hand”

Palyul Namcho Dzogchen Ngondro Retreat

at German Palyul Center

(24 June – 5 July 2011)

Schedule

Friday, 24 June 2011

8:00 AM – 9:00 AM	Morning Prayers Eight Auspicious Signs The Great Cloud of Prayers and Blessings that Subdue the Entire Animate and Inanimate Worlds Seven-Line Prayer Sang Offering
9:00 AM – 10:00 AM	Breakfast
10:00 AM – 11:00 AM	Opening Ceremony and Blessings by Khenchen Pema Sherab Rinpoche and Khen Rinpoche Pema Choephel Introduction of the Palyul Dzogchen retreat
11:00 AM – 11:30 AM	Break
11:30 AM – 1:00 PM	Interview with Khen Rinpoche Pema Choephel (Only for Ngondro students)

1:00 PM - 4:00 PM	Break
4:00 PM – 5:30 PM	Oral Transmission and explanation of Pema Yoga
7:30 PM – 8:30 PM	Dinner

Saturday, 25 June 2011

8:00 AM – 9:00 AM	Morning Prayers Eight Auspicious Signs The Great Cloud of Prayers and Blessings that Subdue the Entire Animate and Inanimate Worlds Seven-Line Prayer Sang Offering Pema Yoga
9:00 AM – 10:00 AM	Breakfast
10:00 AM – 11:00 AM	Oral Transmission and Explanation of Ngondro Practice Oral Transmission and Explanation of Bodhisattva Vows Ceremony
11:00 AM – 11:30 AM	Break
11:30 AM – 12:30 PM	Ngondro Practice (For Ngondro Students) <hr/> Oral Transmission and Introduction of Tsa Lung (For Tsa Lung Students)
12:30 PM - 2:30 PM	Lunch Break
2:30 PM – 3:30 PM	Ngondro Practice <hr/> Tsa Lung Practice
3:30 PM – 4:00 PM	Break
4:00 PM – 5:00 PM	Ngondro Practice <hr/> Tsa Lung Practice

5:00 PM – 6:00 PM	Break
6:00 PM – 7:30 PM	Amitabha Empowerment
8:00 PM – 9:00 PM	Dinner

Sunday, 26 – Monday, 27 June 2011

8:00 AM – 9:00 AM	Morning Prayers Eight Auspicious Signs The Great Cloud of Prayers and Blessings that Subdue the Entire Animate and Inanimate Worlds Seven-Line Prayer Sang Offering Pema Yoga
9:00 AM – 10:00 AM	Breakfast
10:00 AM – 11:00 AM	Bodhisattva Vows Ceremony Short Ngondro Sadhana Ngondro Teachings
11:00 AM – 11:30 AM	Break
11:30 AM – 12:30 PM	Ngondro Practice <hr/> Tsa Lung Teachings
12:30 PM - 2:30 PM	Lunch Break
2:30 PM – 3:30 PM	Ngondro Practice <hr/> Tsa Lung Practice
3:30 PM – 4:00 PM	Break
4:00 PM – 5:00 PM	Ngondro Practice <hr/> Tsa Lung Practice

5:00 PM – 6:00 PM	Break
6:30 PM – 8:00 PM	Explanation of Lojong text "Turning Suffering and Happiness into Enlightenment" by the Third Dodrupchen Rinpoche Dedication Prayers and Apologize Ceremony
8:00 PM – 9:00 PM	Dinner

Tuesday, 28 June – Monday, 4 July 2011

8:00 AM – 9:00 AM	Morning Prayers Eight Auspicious Signs The Great Cloud of Prayers and Blessings that Subdue the Entire Animate and Inanimate Worlds Seven-Line Prayer Sang Offering Pema Yoga
9:00 AM – 10:00 AM	Breakfast
10:00 AM – 11:00 AM	Bodhisattva Vows Ceremony Short Ngondro Sadhana Ngondro Teachings
11:00 AM – 11:30 AM	Break
11:30 AM – 12:30 PM	Ngondro Practice <hr/> Tsa Lung Teachings
12:30 PM - 2:30 PM	Lunch Break
2:30 PM – 3:30 PM	Ngondro Practice <hr/> Tsa Lung Practice
3:30 PM – 4:00 PM	Break
4:00 PM – 5:00 PM	Ngondro Practice <hr/> Tsa Lung Practice

5:00 PM – 7:00 PM	Break
7:00 PM – 8:00 PM	Dedication Prayers and Apologize Ceremony
8:00 PM – 9:00 PM	Dinner

Tuesday, 5 July 2011

8:00 AM – 9:00 AM	Morning Prayers Eight Auspicious Signs The Great Cloud of Prayers and Blessings that Subdue the Entire Animate and Inanimate Worlds Seven-Line Prayer Sang Offering Pema Yoga
9:00 AM – 10:00 AM	Breakfast
10:00 AM – 11:00 AM	Bodhisattva Vows Ceremony Short Ngondro Sadhana Ngondro Teachings
11:00 AM – 11:30 AM	Break
11:30 AM – 12:30 PM	Ngondro Practice <hr/> Tsa Lung Teachings
12:30 PM - 2:30 PM	Lunch Break
2:30 PM – 3:30 PM	Ngondro Practice <hr/> Tsa Lung Practice
3:30 PM – 4:00 PM	Break
4:00 PM – 6:00 PM	Tsog Offering and Concluding Ceremony Dedication Prayers and Apologize Ceremony

6:00 PM – 8:00 PM	Break
8:00 PM – 9:00 PM	Dinner

*** During the whole retreat we'll accumulate prayers for the Swift Rebirth of His Holiness Penor Rinpoche and many other auspicious prayers.**